

The **F**our

Types of **Extra-Marital Affairs**

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1) **The One-Night Stand:** David and Bathsheba / 2 Samuel 11-12

This type of affair is a brief one-time experience. It has no emotional attachment, but is an intense lustful and passionate encounter. Remorse for this behavior is usually extreme and right after the act. Recovery may begin immediately with repentance and forgiveness.

2) **The Emotionally Entangled Affair:** Samson and Delilah / Judges 16

This is what might be called an “addictive relationship”. It develops slowly with the sexual act occurring long after the relationship has turned into a “friendship”. Both people in this affair have learned to “emotionally lean on” each other for support—the type of support that should come from their spouse. Rebuilding trust is a long-term process for the marriage to heal.

3) **The Sexually Addicted Affair:** the Sons of Eli / 1 Samuel 22:22

These affairs typically involve multiple partners. There is no emotional bond. It is sex for sex sake and is driven by lust. Recovery includes 12-step and accountability work—later, after sexual sobriety and purity have been established, marriage therapy can begin.

4) **The Add-On Affair:** Abraham and Hagar / Genesis 16

This affair is often the parallel family scenario. The person committing adultery has no intention of leaving their spouse. They want another relationship in addition to the marriage. There is a strong emotional bond. After the affair relationship is broken, healing with the spouse is usually a long-term process in therapy.

- Have you or someone you love been involved with an affair?
- Have you or your loved one been in a near miss?
- Is there an emotional or spiritual gap in your marriage?

We would love to help you! Even if your spouse is not willing to get help, significant change can occur when only one partner begins the healing process.

The best time to deal with an affair is BEFORE it happens. Avoid the major inconvenience and devastation that comes from NOT getting the help you need. Please call us today at **(800) 998-6329** for an appointment.

See: *Torn Asunder: Recovering from an Extramarital Affair* by Dave Carder for more on this topic and these four types of affairs.

To schedule an appointment with a counselor in your area call

800 99-TODAY / 800 998-6329 Turning Point Counseling

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